



Welcome to the Wado-UK Newsletter for January 2009

This Month

**Coach Accreditation
New WKF Rules
Web Additions
Competitions**

New WKF Rules

As most people will now be aware, the rules for competition were amended following the World Championships in Japan.

The changes although quite comprehensive shouldn't pose too many issues for our competitors. It would be prudent however to take time studying the new version, in preparation for this years competitions.

The new rules in full can now be found on the downloads page of our website. Please be aware that the old version has been left on the downloads page, for those who wish to compare the new, to the old.

As well as the rules being available, the questions relating to the various exams are also there to be downloaded. Again it should be noted that some of these questions will have to be amended to take account of the rule modifications.

As soon as we hear of the new questions being published we will of course post them on the downloads page and let you all know.

Some of the areas with changes are things like, Official Dress, Scoring, Penalties, Timing and signals from officials you may notice have changed.

Competition Coach Qualification

Saturday 21st February is the next chance to qualify as a competition coach for English Karate Federation competitions.

The course will take place in Manchester between 11am and 5pm. The course will include discussions and instruction on the rules for competition, as well as an exam for those wishing to coach at National and regional competitions.

There will also be an opportunity for all those in attendance, to train with senior instructors from several styles, as they instruct students in Kata. Kata covered will be those in the Shitei list, ours of course would be Seishan and or Chinto.

Full details of the course, including the entry form, cost and times etc, can now be downloaded from the upcoming events page on our website.

For anyone intending to take part in the coaches course in February, it will be necessary to have the latest version of the rules with you. This is because the first part of the course concentrates on instructing both coaches and officials in matters relating to the rule book.

As mentioned in the previous column the rules and exam questions are now available on our website. If anyone would like to go over the rules prior to the course, let me know and we will attempt to find a venue for this purpose. Two hours should be enough to cover the majority of what is required.

Diary Dates

**28th Feb/1st March
AMA International Open
Sheffield**

**1st March
Staffordshire Kata Open
Cheslyn Hay**

**8th March
Chojinkai Junior Championships
Penrith**

**21st/22nd March
English Karate Federation
Champs
Sheffield**

**29th March
Northern Open Classic
Leigh**

**19th April
Ken Yu Kai Open
Manchester**

**25th April
Midlands Regionals
Dudley**

**14th June
Chojinkai Open
Carlisle**

**5th/6th September
British Open
Sheffield**

**10th/11th October
English International
Sheffield**

**18th October
Northern Regionals
Sheffield**